### **Seminars**

				2024
Month	Date	Particular	Designated Person	
April	1st week 4th week	1. Students (612) Motivation 2. Parents and teachers (Child Phsychologist)		
May	************	1. Students (612) Exam fear	***************************************	~~~~~~~
June	2 <sup>nd</sup> week	1. Teachers (CBSE)		
July	1st week 1st week	1. Students (Personality develop) 2. Teachers (Teaching mythology)		
Aug				
Sep	1st week	1.Teachers (CBSE)		
Oct	1 <sup>st</sup> week	1. Teachers (Teaching mythology) 2. Students (9 ···12) Carrier guidance by Eng. colleges A Amritsar college of Engg. B. Khalsa Colleg of Engg. C. Akash Academy D. Shazdanand Colllege		
Nov	1st week	1. Teachers (Child Phsychologist)		
Dec	1st week	1. Students (6—12) ·· Exam fear		
Jan				
Feb				
Mar	4 <sup>th</sup> week	1.Teachers (CBSE) 2. Teachers (Teaching mythology) 3. Parents (Diet)		

## Seminars for teachers -Total (10)

- 1. CBSE 3
- 2. Child phsychologist
- 3. Teaching mythology

## Seminars for students -Total 6

- 1. Carrier guidance
- 2. Exam fear
- 3. Personality development

## Seminar for parents - Total 3

- 1. Child personality
- 2. Diet

CBSE seminars

- 1. CBSE approved agencies will conduct the seminar on approved topics.
- 2. Charges of visiting team to be paid by teachers.
- 3. Seminar will be for one day.
- 4. It will be compulsory for each teacher to attend all seminars. A teacher can be exempted the Principal on account of emergency work for which teacher will put up application recommended by dept head. Record of attendance to be maintained.
- 5. On the next day of the seminar, there will be GD
- 6. After GD, teachers will submit write up.

### Carrier guidance.

1. Local engineering colleges will be invited. For other agencies, prior written approval of the Management is required.

### Child phsychologist

1. Child phsychologist to be invited from GND University

### Exam fear

1. Exam fear seminar to be conducted by the Chairman

### Teaching mythology

1. Teaching mythology to be conducted by Dept heads and group of specially trained teachers.

Month		Particular	Classes
	Date		
April	17.4.24	1. Handwriting competition	1 to 8
May	11.5.24	1. Card making Competition	1 to5
		2. Essey Writing Competition	6 to 10
Aug	14.8.24	1. Role Play	1 to 3
		2. Poem Recitation	4 to 5
		3. Collage Making	6 to 8
	17.8.24	1. Rakhi Making	3 to 8
		2. Gift Wraping	3 to 8
Sep.	5.9.24	1. Card making Competition	3 to 8
		(On teacher's Day)	
	02.9.24	1. Slogan Writing competition	3 to 8
	03.9.24	2. Model Making Competition	3 to 8
	04.9.24	3. Declamation on the topic	3 to 8
		(save water and electricity))	79/10/19/20
Oct	09.10.24	1. Declamation on the topic	3 to 8
		(save paper and grow trees)	
	10.10.24	2. Collage Making	3 to 8
	10120121	3. (Making 'Best Out waste' to save Environment)	
	11.10.24	4. Declamation on Energy conservation	3 to 8
	16.10.24	5. Disaster Management (collage making) (Science project)	9 to 10
	17.10.24	6. Science Quiz	6 to 8
	18.10.24	7. Declamation on the topic Disaster Management	6 to 8
Nov.	2.11.23	Cleanliness, Coridoors and classroom decoration	1 to 8 boys
		On Diwali	1 to 8 girls
			6 to 8 girls
Dec.		TrafficWeek	9 to 12 boys
	THE SECOND	Show traffic video in classes 1to 8	9 to 12 girls
	02.12.24	Day1- Show video on traffic rules	6 to 8
	03.12.24	Day 2- Discussion	
	04.12.24	Day 3- Feed back from students followed or not	
Feb	5.2.25	Science Week	1 to 5
	6.2.25	Visit To Exhibition	



Month	S.No.	Celebration	Date	Parents	Nur Dept/1,2	Celebration Incharge	Signature
Apr	1.	Baisakhi	12.4.24 Friday		Nur Dept and Class 1,2	Md Arshi Md Meenu	
May	2.	Good habit week	1st week		Nur Dept and Class 1,2	Md Meenu Md Megha	
	3.	Mothers Day	10.5.24 Friday	Yes	Nur Dept and Class 1,2	Md Arshi Md Megha	
Jun				N.A	01000 1,2	Wid Wiegha	
Jul	4.	Crazy Day/ Pool Party	1st day of reopening after Summer vacation	••••	Nur Dept and Class 1,2	Md Arshi Md Meenu	
	5.	Sawan Celebration	29.7.24 Monday	••••	Nur Dept and Class 1,2	Md Meenu Md Megha	
Aug	6.	Independence Day + Fancy Dress Competition	14.8.22 Wednesday		Nur Dept and Class 1,2	Md Arshi Md Megha	
	7.	Raksha Bandhan	17.8.24 Saturday	••••	Nur Dept and Class 1,2	Md Meenu Md Megha	
	8.	Krishna Janamashtmi	23.8.24 Friday	••••	Nur Dept and Class 1,2	Md Arshi Md Meenu	
Sep	9.	Teachers day	5.9.24 Thursday		Nur Dept and Class 1,2	Md Meenu Md Megha	
	10.	Grandparents day	7.9.24 Saturday	Yes	Nur Dept and Class 1,2	Md Arshi Md Megha	
Oct	11.	Diwali	31.10.24 Thursday		Nur Dept and Class 1,2	Md Meenu Md Megha	
Nov	12.	Children's day	14.11.24 Thursday		Nur Dept and Class 1,2	Md Arshi Md Meenu	
	13.	Annual Function		Yes	Yes	Md Meenu Md Megha	
Dec	14.	New Year	24.12.24 Tuesday		Nur Dept and Class 1,2	Md Arshi Md Megha	
Jan	15.	Lohri celebration	10.1.25 Friday		Nur Dept and Class 1,2	Md Arshi Md Meenu	
	16.	Republic day + Poetical recitation	24.1.25 Friday		Yes	Md Meenu Md Megha	
Feb	17.	Sports day	After 15 Feb	Yes	Nur Dept and Class 1,2	Md Arshi Md Megha	
Mar	18.	Holi	13.3.25 Thursday		Nur Dept	Md Arshi Md Meenu	
	19.	Happy hour	Last working day	Yes	Nur Dept and Class 1,2	Md Meenu Md Megha	

- 1. Participation of parents in 5 functions.
- 2. All the teachers will involve with incharges of celebration during planning.
- 3. Activity Incharge Md Arshi Arora will take complete planning from all above celebration incharges before 1 month and take approval for celebration. They will be responsible for each celebration planning.
- 4. Music and dance teachers wil be involved in all the above celebration.
- 5. Press note will be prepared in advance.
- 6. Planning of celebration will be done one month before and to be taken approval.
- 7. Preparation of items should be ongoing process.
- 8. Study period should not be utilized for preparation.
- 9. Invitation to parents as approved.
- 10. Intimation of celebration will be sent to Chairman Sir, Principal, Deptt heads, Reception, P.R.O and Admin Coordinator 15 days in advance.

### **Celebration Chart**

### Classes KG D to 2 D

2024-25

Month	S.No	Celebration	Date & Day
Apr	1.	Baisakhi	12.4.24
			Friday
May	2.	Good habit week	1st week
Jun		N.A	
Jul	3.	Crazy Day/Pool Party	1st day of reopening after Summer Vacation
	4.	Sawan Celebration	29.7.24 Monday
Aug	5.	Independence Day	14.8.24 Wednesday
	6.	Raksha Bandhan	17.8.24 Saturday
	7.	Krishna Janamashtmi	23.8.24 Friday
Sept	8.	Teachers Day	5.9.24 Thursday
Oct	7.	Diwali	31.10.24 Thursday
Nov	8.	Children's Day	14.11.24 Thursday
	9.	Annual Function	-
Dec	10.	New Year	24.12.24 Tuesday
Jan	11.	Lohri Celebration	10.1.25 Friday
	12.	Republic Day	24.1.25 Friday
Feb		N.A	
Mar	12.	Holi Celebration	13.3.25 Thursday

<sup>1.</sup> Celebration incharge will be class teacher

<sup>2.</sup> Planning of Celebration will be done one month before.

S.No	Month	Celebration
1.	April	Red Day
2.	May	Yellow Day
3.	June	N.A
4.	July	Concept of Milk Items
5.	August	Blue Day
6.	September	Green Day
7.	October	World of Shapes Day
8.	November	Orange Day
9.	December	Black and White Day
10.	January	Alphabet Walk Day
11.	February	Purple Day
12.	March	Fun Classes

- 1. All the teachers will involve with incharges of celebration during planning.
- 2. Activity Incharge Md Arshi Arora will take complete planning from all above celebration incharges before 1 month and take approval for celebration. They will be responsible for each celebration planning.
- 3. Planning of celebration will be done one month before and to be taken approval.
- 4. Preparation of items should be ongoing process.
- 6. Study period should not be utilized for preparation.
- 7. Colour day celebration will be celebrated on every 3rd Saturday of every month.
- 8. Circular will be sent to students one week before celebration.

7.5		and I directions	
Month	Date	Particular	Designated Person
April	1. Sat before 2. 2nd week 3. 3rd week	Baisakhi + Jallianwala Bagh     Health week including cleanliness     Handwriting month in CAP period	
May	1.8th	1. Mother's Day	**************
June	1. Summer vacation	Community welfare—     visit to villages	
July		***************************************	
Aug	1. 14 <sup>th</sup> 2. Sat before	1.Independence Day (in CAP period) 2.Raksha Bandhan	
Sep	1.5 <sup>th</sup> 2. 2nd week	1.Teachers Day (in CAP period)     2. Save water and electricity week	
Oct	1. 2nd week 2. 3rd week 3. 4 <sup>th</sup> week	1.Environment <u>week</u> 2. Disaster Management(class 6 to12) 3. Sadhbhawna (3 days)	
Nov	1.1st week (1-5) 2. 14 <sup>th</sup> 3. As per calendar	1. Annual function or sports day 2. Children's Day (Sat before) 3. Diwali (sat before diwali)	
Dec	1.20 <sup>th</sup> to 30 <sup>th</sup>	1. Community welfare <b>week</b> ( classes 6 to 12 <sup>th</sup> )	
Jan	1. 2nd week 2. As per calendar 3. 26 <sup>th</sup>	1.Traffic week 2. Lohri (in CAP period) 3. Republic day	
Feb	1. Second week	1. Science week	
Mar			

- 1. Wherever possible celebration of events/festivals should be on Saturday or in CAP period. In case of holiday it should be on immediate proceeding Saturday.
- 2. Where ever it is mentioned week, it will be for 3 days.

### Week celebration. The following activities will be organized

- 1. Talk in assembly by 2 teachers and 3 students on Saturday ( before celebration )
- 2. Painting competition during celebration (in CAP period)
- 3. Essay writing competition during celebration (in CAP period)
- 4. Display of banners, posters, write up for students.

Classes 3-8

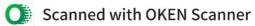
Month/Date	Event	Planning
April	Baisakhi/ Jallian Wala Bagh	Morning Assembly
12.4.24	Celebration	Topic, news,
		Bhangra and play
		CAP Period
		Painting Competition
03.4.24	Health Week	CAP Period
04.4.24		Teacher talk on diet
05.4.24		Seminar on Health
		Rally on (Say no to Junk food)
15.4. 24	Handwriting Week	CAP Period
16.4.24		Handwriting Competition -Hindi
17.4.24		Handwriting Competition -English
		Handwriting Competition - Punjabi
May	Mother's Day	Morning Assembly
11.5.24		Talk of 1 teacher, 1 Student
		Dance and play
		CAP Period
		Essay Writing Competition 6 to 12
		Poster making 1 to 5
July	Community Welfare Week	1. Plantation Activity
		2. Teaching of Aayas
August	Independence Day	Morning Assembly Talk of 1 teacher, 1 Student
14.8.24		Dance and play
		Dance and play
		CAP Period
		Collage Making Competition
17.8.24	Raksha Bandhan	Morning Assembly
17.0.24	Raksha Dahunan	Talk of 1 teacher, 1 Student
		Dance and play
		CAP Period
		Rakhi Making and gift Wraping
		Competitio
		W ' A II
05.9.24	Teacher's Day	Morning Assembly
		Role Play by Students as a teacher
		Dance and Play
		CAR Paried
		CAP Period
		Teaching by students in the class rooms
02 0 24	Cave Water and Electricity	CADD
02.9.24	Save Water and Electricity	CAP Period
03.9.24	A STATE OF THE PARTY OF THE PAR	

04.9.24		Slogan Writing Competition
01.0.21		Model Making Competition
		Debate on the topic
October	Environment week	CAP Period
09.10.24	Divisorment week	
10.10.24		Debate on the topic Save paper and grow
11.10.24		trees
		Making 'Best out of Waste, to save
		environment
		Declamation on Energy Conservation
16.10.24	Disaster Management	CAP Period
17.10.24		Collage Making Competition
18.10.24		Seminar by teachers
		Declamation
November	Diwali	Morning Assembly
2.11.23		Talk of 1 teacher, 1 Student
		Dance and play
		CAP Period
		Cleanliness, Coridoors and classroom
		decoration
November	Children Day	Morning Assembly
14.11.24		Talk of 1 teacher, 1 Student
		Dance and play
		CAP Period
		Special games for students during CAP
		Period Period
December	Community Welfare	CAP Period
20.11.24 to		Debate-Stress on Adult Education
22.11.24		
		Poster making-Importence of trees
		Class teacher will motivate the students-
		How can they help to others and
		How can they keep their surrounding
		neat and clean
December	Traffic Week	Morning Assembly
02.12.24		Talk of 1 teacher, 1 Student
03.12.24		Identification of traffic signals
04.12.24		Demonstration on traffic rules
		CAP Period
		Show traffic video in classes 1to 8
		Day1 Show video on traffic rules
		Day 2- Discussion
		Day 3 Feed back from students
		followed or not
10.1.25	Lohri	Morning Assembly
		Talk of 1 teacher, 1 Student
		Dance and Scene depiction on Lohri
		same and seeme depiction on Lonri
		CAP Period
		Painting Competition

20.1.25	Republic Day	Morning Assembly
		Talk of 1 teacher, 1 Student Dance and Scene depiction on Republic
		Day
		CAP Period
February	Color	Slogan Writing Competition
5.2.25	Science Week	Morning Assembly
6.2.25		Talk of 1 teacher, 1 Student
		CAP Period
		Visit To Exhibition

Mamta Rani

S.No.	Project	Incharge
1	CAP	Md.Cheena,Md.Mamta Rani
2	Clubs And societies	Md. Shelly Md.Ravinder
3	Eye and dental checkup	Md.Poonam
4	Know your School	Md.Cheena
5	Study visit	Md.Cheena
6	Picnic	Md.Mamta Rani.
7	Grandparents are special	Md.Meenu
8	Eat and learn	Md.Megha
9	Didi project	Md.Meenu
10	Keep smiling project	Md.Arshi
11	Post office	Md.Arshi
12	Height and Weight	Md.Poonam
13	Plantation	Megha Md.



1	Class	Class	Class	Class	Class
Week	1	2	3	4	5
Mon	Englis h learni	English learning	English learning	English learning	English learning
Tue	Maths	Maths	Maths	Maths	Maths
Wed	Cov.	Cov.	Cov.	Cov.	Cov.
Thu	Cov.	Cov.	Cov.	Cov.	Cov.
Fri	Cov.	Cov.	Cov.	Cov.	Cov.
Sat	Fun Day	Fun Day	Fun Day	Fun Day	Fun Day

2 Week	Class 1	Class 2	Class 3	Class 4	Class 5
Mon	Hindi	Hindi	Hindi	Hindi	Hindi
Tue	Punjabi	Punjabi	Punjabi	Punjabi	Punjab
Wed	Cov.	Cov.	Cov.	Cov.	Cov.
Thu	Cov.	Cov.	Cov.	Cov.	Cov.
Fri	Cov.	Cov.	Cov.	Cov.	Cov.
Sat	Fun Day	Fun Day	Fun Day	Fun Day	Fun Day

3 Week	Class 1	Class 2	Class 3	Class 4	Class 5
Mon	English learning	English learning	English learning	English learning	English learning
Tue	Maths	Maths	Maths	Maths	Maths
Wed	Craft	Cov.	Cov.	Cov.	Cov.
Thu	Cov.	Cov.	Cov.	Cov.	Cov.
Fri	Cov.	Cov.	Cov.	Cov.	Cov.
Sat	Fun Day	Fun Day	Fun Day	Fun Day	Fun Day

4	Class	Class	Class	Class	Class
Week	1	2	3	4	5
Mon	Social science	Social science	Social science	Social science	Social science
Tue	Science	Science	Science	Science	Science
Wed	Cov.	Cov.	Cov.	Cov.	Cov.
Thu	Cov.	Cov.	Cov.	Cov.	Cov.
Fri	Cov.	Cov.	Cov.	Cov.	Cov.
Sat	Fun Day	Fun Day	Fun Day	Fun Day	Fun Day

1	Class	Class	Class
Week	6	7	8
Mon	English	English	English
	learning	learning	learning
Tue	Maths	Maths	Maths
	Prectice	Prectice	Prectice
Wed	English	English	English
	Conversation	Conversation	Conversation
Thu	G.K & Current	G.K & Current	G.K & Current
	Affairs	Affairs	Affairs
Fri	Cooking	Cooking	Cooking
Sat	Craft	Craft	Craft

3	Class	Class	Class
Week	6	7	8
	Punjabi	Punjabi	Punjabi
Mon	learning	learning	learning
	Hindi	Hindi	Hindi
Tue	learning	learning	learning
	English	English	English
Wed	Conversation	Conversation	Conversation
	G.K & Current	G.K & Current	G.K & Current
Thu	Affairs	Affairs	Affairs
	Calligraphy	Calligraphy	Calligraphy
Fri			
124.15	Tenses	Tenses	Tenses
Sat			

2	Class	Class	Class
Week	6	7	8
Mon	Science	Science	Science
	learning	learning	learning
Tue	S. Science	S. Science	S. Science
	learning	learning	learning
Wed	English	English	English
	Conversation	Conversation	Conversation
Thu	G.K & Current	G.K & Current	G.K & Current
	Affairs	Affairs	Affairs
Fri	Talent Hunt	Talent Hunt	Talent Hunt
Sat	Extempore	Extempore	Extempore

4	Class	Class	Class
Week	6	7	8
	Computer	Computer	Computer
Mon	learning	learning	learning
	Maths	Maths	Maths
Tue	Prectice	Prectice	Prectice
	English	English	English
Wed	Conversation	Conversation	Conversation
	G.K & Current	G.K & Current	G.K & Current
Thu	Affairs	Affairs	Affairs
Fri	Painting	Painting	Painting
	7 11	7 11	7 11
Sat	Pending work	Pending work	Pending work

# Manav Public School Name Of Club And Society

- 1. Manav Young Leader
- 2. Community Welfare Society
- 3. Soldiers Of Nature
- 4. Health And Wellness
- 5. Housekeeping
- 6. Academic
- 7. Sports And Activity
- 8. Discipline
- Science Club 9.

S.No.	Class		Student names
1.	1 A	Manav Young Leader	Takshvi Divyanshu
		Housekeeping	Mayur Krishvi
		Health and wellness	Devansh Heenal
		Soldier of nature	Amayra Vedan
		Discipline society	Kavya Sahib
		Community welfare	Nirvaan Vyomi
2.	1 B	Manav Young Leader	Tanish Saanvi
		Housekeeping	Gurshabd Eshita
		Health and wellness	Keshav Maira
		Soldier of nature	Rutwik Ananya
		Discipline society	Keerat Ekagra
		Community welfare	Nandita Pranshu
3.	2 A	Manav Young Leader	Jordan Sukhpreet
		Housekeeping	Aditya Gurasees
		Health and wellness	Jahnvi Lovish
		Soldier of nature	Manik Nehmat
		Discipline society	Divyam Rishika
		Community welfare	Gaurish Tavisha
4.	2 B	Manav Young Leader	Abram Suhani
		Housekeeping	Jaskirat Gurleen
		Health and wellness	Avni Manvik
		Soldier of nature	Smayan Charvi
		Discipline society	Piyush Yuvaan
		Community welfare	Kunwarpartap Priyanshu

### List of clubs and societies

Session 2024-25

GROUP A--- (Classes 1 to 5)

Patron --- Md Ravinder kaur

- 1. Manav Young Leaders Society
- 2. House Keeping Society
- 3. Soldier of nature Society
- 4 Health and wellness Society
- 5. Discipline Society
- 6. Community Welfare

Md.Ravinder

Md Sarabjit Hindi /Md Jaspinder (Art)

Md Rupali / Md Sunita Kapoor

Md Sunita Devi / Md Bhavya

Md Sunaina / Md Usha

Md. Khushdeep/ Md. Cheena

GROUP B--- (Classes 6 to 10)

Patron --- Md Shelly Chathrath

- 1. Manav Young Leaders Society
- 2. House Keeping Society
- 3. Soldier of Nature Society
- 4 Health and wellness Society
- 5. Discipline Society
- 6. Community Welfare
- 7. Science Club
- 8. Academic Society
- 9. Sports and Activity Society

Md.Shelly Chathrath

Md.Nidhi / Md Babita

Md.Sarabjit Games / Md.Komalpreet

Md.Lakhbir / Md.Ritika Sharma

Md Sunaina Dhir / Md Usha Librarian

Md.Mamta Rani / Md Jeewanjyoti

Md.Navpreet/ Md. Priyanka Sharma

Bharat sir / Md Rosy

Arun Sir / Dharam sir

### Note

Deptt head will mail minutes to the Chairman sir and Md. Principal.

- 1. All leaders and deputy leaders of each society will be members of Manav Young Leaders Society.
- 2. Society incharge teacher will be responsible to call the meeting of the society on the day fixed for the meeting. Meeting will be called in CAP period.
- 3. If the teacher wants to take leave on the date of the meeting, She have to inform the patron in written. In case these instructions are not followed, the teacher will not be allowed to continue her/his association with society.

S.No.	Societies	Teacher' Names	Class	Saturday	Vevue
1.	Manav Young Leaders	Md Ravinder	1 to 5	1 week	Montessory
		Md.Shelly Chathrath	6 to 10	1 week	Maths Lab
2	House Keeping	Md Jaspinder (Art)/ Md Sarabjit (Hindi)	1 to 5	1 week	Nur.Library
		Md.Nidhi / Md Babita	6 to 10	1 week	Creative lab
3.	Soldier of nature	Md Rupali / Md Sunita Kapoor	1 to 5	3 week	Montessory
		Md.Neetu Marwaha / Md.Komalpreet	6 to 10	3 week	Maths Lab
4.	Health and wellness	Md Sunita Devi / Md Bhavya	1 to 5	3 week	Gymnasium
		Md.Lakhbir / Md.RitikaSharma	6 to 10	3 week	Gymnasium
5.	Discipline Society	Md Riya Nyyar/ Md Usha	1 to 5	4 week	Nur.Library
		Md.Sunaina Dhir/ Md.Usha Librarian	6 to 10	4 week	Creative lab
6.	Community Welfare	MdKhushdeep/ Md Cheena	1 to 5	4week	Montessory
•		Md.MamtaRani/Jeewanjyoti	6 to 10	4 week	Maths Lab
7.	Science Club Md.Priyanka Kakkar Md. Navpreet		6 to 10	5 week	Creative lab
8.	Academic Society	Bharat sir/ Md Rosy	6 to 10	5 week	Creative lab
9.	Sports and Activity Society	Dharam Sir/ Arun Sir	6 to 10	5 week	Gymnasium

### Manay Public School Clubs and Societies Members (Session 2024-25)

### Class 3A

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Dikshita, Jiya
2	Health and wellness	Abhinay, Aarna
3	Discipline Society	Somya, Armandeep
4	Soldier of Nature	Aditya, Ruhani
5	Community Welfare	Avreen, Manan

### Class 3B

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Vaishnavi, Maulik
2	Health and wellness	Arnav, Vaibhavi
3	Discipline Society	Rishaan, Ganan
4	Soldier of Nature	Aarav, Keerat
5	Community Welfare	Gurjap, Shika

### Class 4A

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Kanishka, Mayank
2	Health and wellness	Nordeep, Jaisnoor
3	Discipline Society	Nayna, Garima
4	Soldier of Nature	Ananya, Divesh
5	Community Welfare	Peehu Sethi, Darsh

### Class 5A

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Samridhi, Tanav
2	Health and wellness	Divnesh, Parisha
3	Discipline Society	Sourish, Shivansh
4	Soldier of Nature	Mirank, Nayra
5	Community Welfare	Manya Sharma, Maahir

### Class 5B

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Akarsh, Aradhya
2	Health and wellness	Akshay, Rigya
3	Discipline Society	Gurmanav, Shubhleen
4	Soldier of Nature	Azmat, Khushpreet
5	Community Welfare	Samdeep, Komalpreet

### Class 6A

S.no.	Club and Societies	Students Name	
1	Manav Young Leader	Naveep, Tisha	
2	Health and wellness	Santushi, Vani	
3	Discipline Society	Taniya, Anupriya	
4	Soldier of Nature	Aaradhya , Jhalak	
5	Community Welfare	Himanshi, Ansika	
6	Library Committee	Mannat, Hezal	
7	Science Club	Pranvi, Pratishtha	
8	Academic Society	Samreen, Sana	
9	Sports and Activity Society	Kashish, Shruti	

### Class 6B

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Kanav, Karanveer
2	Health and wellness	Arhaan, Rajbir
3	Discipline Society	Manvik, Harraipal
4	Soldier of Nature	Namit, Labesh
5	Community Welfare	Rehaan, Jugad
6	Library Committee	Lovish, Anhadbhir
7	Science Club	Satyam, Waris
8	Academic Society	Jasraj, Rehaan
9	Sports and Activity Society	Ankush, Guntaj

### Class 7A

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Gaurika, Niksa
2	Health and wellness	Diya, Drishti
3	Discipline Society	Saanvi, Trisha
4	Soldier of Nature	Nazuk, Manya
5	Community Welfare	Vanya, Girisha
6	Library Committee	Akriti, Aditi
7	Science Club	Kirti, Dhriti
8	Academic Society	Ritika, Ridhima
9	Sports and Activity	Smaira, Sanchita
	Society	

### Class 7B

S.no.	Club and Societies	Students Name		
1	Manav Young Leader	Agam Arora, Paras Kalia		
2	Health and wellness	Samarbir Singh, Aarush Mahajan		
3	Discipline Society	Danish Kumar, Lakshay Grover		
4	Soldier of Nature	Aashrit Arora, Vedant Sharma		
5	Community Welfare	Rudraksh, Ranveer Singh		
6	Library Committee	ee Prince Pasricha, Piyush Bajaj		
7	Science Club	Saksham Kapoor, Nikunj Khanna		
8	Academic Society	Lakshay Bagga, Rajveer Singh		
9	Sports and Activity Society	KeshavArora, Gopesh Pathak		

### Class 8A

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Shreya, Vani Seth
2	Health and wellness	Urvi, Vrinda
3	Discipline Society	Vanya, Mannat
4	Soldier of Nature	Jaya, Gurvir
5	Community Welfare	Aunanya, Arshiya
6	Library Committee	Amreen, Aradhya
7	Science Club	Manisha, Falak
8	Academic Society	Jiya, Kashvi
9	Sports and Activity	Jaya, Vrinda
	Society	

### Class 8B

S.no.	Club and Societies	Students Name
1	Manav Young Leader	Ronak, Himanshu
2	Health and wellness	Jatin, Swastik
3	Discipline Society	Rudr, Pranav
4	Soldier of Nature	Shekhar, Daksh Aggarwal
5	Community Welfare	Manan. Sachin
6	Library Committee Jatin, Vardaan Vohra	
7	Science Club	Vardaan Maini, Bhavesh
8	Academic Society	Aniket, Divyanshu
9	Sports and Activity	Preet Kadh, Saksham
	Society	

### List of Clubs and Societies

Class 9A

Session: 2024-25

S. No. Club and Societies		Student's Name		
1.	Manav Young Leaders	Gurmehak, Sargunjeet		
2.	House Keeping	Namya, Shagun		
3.	Health and Wellness	Durganshi, Gurnoor		
4.	Soldier of Nature	Sonam, Sahira		
5.	Discipline Society	Harman, Sargun Bakshi		
6. Community Welfare		Hargun, Khwaish khanna		
7. Library Committee		Mannatpreet, Khushi		
8. Science Club		Arshnoor, Deepika		
9.	Academic Society	Ishmita, Suhani		
10. Sports and Activity Societ		Ridhi, Janvi		

### Class 9B

S. No.	Club and Societies	Student's Name		
1.	Manay Young Leaders	Ansh, Keshav		
2.	House Keeping	Harshit, Madhav Kumar		
3.	Health and Wellness	Manit, Pratham		
4.	Soldier of Nature	Abhishek, Pratyaksh		
5.	Discipline Society	Aarav Khanna, Sanat		
6.	Community Welfare	Daksh, Bhavya		
7.	Library Committee	Aniket, Tanmay		
8.	Science Club	Naksh, Anshul		
9.	Academic Society	Gurasis, Sarthak		
10.	Sports and Activity Society	Anshuman, Krushank		

### Class 9D

S. No.	Club and Societies	Student's Name		
1.	Manav Young Leaders	Navpreet, Mehakpreet		
2.	House Keeping	Mokshita, Rajveer		
3.	Health and Wellness	Payal, Vaishnavi Gupta		
4.	Soldier of Nature	Tanishka, Jasmeen		
5.	Discipline Society	Anjali, Vaishnavi Sharma		
6.	Community Welfare	Prabhjot, Shagun		
7.	Library Committee	Shreya, Rabia		
8.	Science Club	Tanvideep, Payal		
9.	Academic Society	Vansh, Rajkumar		
10.	10. Sports and Activity Society Yuvraj, Nishan			

S,no	Date	Period	Class	Teacher's name	Sign
1	15.4.23	3,4	Pre.Nur., Nur, KG	Concerned Subject teachers will explain	
2	16.4.23	7, CAP	1A,B		
3	17.4.23	7, CAP	2A,B		
4	18.4.23	7, CAP	3A,B		
5	19.4.23	7, CAP	4A		
6	20.4.23	7, CAP	5A,B		
7	22.4.23	7, CAP	6A, 6B,		
8	23.4.23	7, CAP	7A, 7B,		
9	24.4.23	7, CAP	8A, 8B		
10	25.4.23	7, CAP	9A, 9B		
11	26.4.23	7, CAP	10A, 10B,		
12	27.4.23	3,4	+1A, +1B, +1C		
13	29.4.23	3,4	+2A, +2B, +2C		

Areas to be visited

Note: There will be three rounds

First round during 6th period Section A will visit Nursery Department.

Second round during 7th period section B will Conference Room, Gymnasium Senior Library, Health Club, Senior Computer Lab, GD Room, Maths Lab, Creative Lab

Third Round during 8th period section C will visit Art and craft room, Physics and Chemistry Lab, Primary Computer Lab, KG Classrooms.

In each period the sections will interchange the areas of visit.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gayatri Mantra	Gayatri Mantra	Gayatri Mantra	Gayatri Mantra	Gayatri Mantra	Gayatri Mantra
Demo activity	Clapping and Laughing	Yoga	Demo activity	National Anthem	Clapping and Laughing

### Demo activity -

### **Every Monday**

### **Every Thursday**

Punctuality	1st week	Traffic lights
Avoid chocolates and brush your teeth daily	2 <sup>nd</sup> week	Avoid mobile phone while driving
Wash your hand with soap	3 <sup>rd</sup> week	Eat healthy food
Eat healthy food	4 <sup>th</sup> week	Wash your hand with soap
	Avoid chocolates and brush your teeth daily  Wash your hand with soap	Avoid chocolates and brush your teeth daily  2nd week  Wash your hand with soap  3rd week

### Note:

1. Passwords, Command words, Conversation, Good habits will be done in classes PlayPen to 2 on daily basis.

Classes 1-9

April Weeks→ Day↓	1st Week Week	2 <sup>nd</sup> Week	3rdweek	4thWeek
Monday	9A	8A	7A	6A
Tuesday	9A	8A	7A	6A
Wednesday	9A	8A	7A	6A
Thursday	9B	8B	7B	6B
Friday	9B	8B	7B	6B
Saturday	9A,B	Second Saturday	7A,B	PT Meet

May	1stweek	2nd Week	3rdweek	4thWeek	5th Week
Weeks→					
Day↓					
Monday	5A	4A	3A	2A	1A
Tuesday	5A	4A	3A	2A	1A
Wednesday	5A	4A	3A	2A	1A
Thursday	5B	4B	3A	2B	1B
Friday	5B	4B	3A	2B	1B
Saturday	5A,B	Second Saturday	3A,B	PT Meet	1A,B

July	1stweek	2nd Week	3rdweek	4thWeek
Weeks→				
Day↓				
Monday	9A	8A	7A	6A
Tuesday	9A	8A	7A	6A
Wednesday	9A	8A	7A	6A
Thursday	9B	8B	7B	6B
Friday	9B	8B	7B	6B
Saturday	9A,B	Second	7A,B	PT Meet
		Saturday	Town of the last	

Aug Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week	3rdweek	4thWeek	5 <sup>th</sup> Week
Monday	5A	4A	3A	2A	1A
Tuesday	5A	4A	3A	2A	1A
Wednesday	5A	4A	3A	2A	1A
Thursday	5B	4B	3A	2B	1B
Friday	5B	4B	3A	2B	1B
Saturday	5A,B	Second Saturday	3A,B	PT Meet	1A,B

Sep Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week	3rdweek	4thWeek
Monday	9A	8A	7A	6A
Tuesday	9A	8A	7A	6A
Wednesday	9A	8A	7A	6A
Thursday	9B	8B	7B	6B
Friday	9B	8B	7B	6B
Saturday	9A,B	Second Saturday	7A,B	PT Meet

Oct Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week	3rdweek	4thWeek	5 <sup>th</sup> Week
Monday	5A	4A	3A	2A	1A
Tuesday	5A	4A	3A	2A	1A
Wednesday	5A	4A	3A	2A	1A
Thursday	5B	4B	3A	2B	1B
Friday	5B	4B	3A	2B	1B
Saturday	5A,B	Second Saturday	3A,B	PT Meet	1A,B

Nov Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week	3rdweek	4thWeek
Monday	9A	8A	7A	6A
Tuesday	9A	8A	7A	6A
Wednesday	9A	8A	7A	6A
Thursday	9B	8B	7B	6B
Friday	9B	8B	7B	6B
Saturday	9A,B	Second Saturday	7A,B	PT Meet

Dec Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week
Monday	5A	4A
Tuesday	5A	4A
Wednesday	5A	4A
Thursday	5B	4B
Friday	5B	4B
Saturday	5A,B	Second Saturday

Jan Weeks→ Day↓	2 <sup>nd</sup> Week	3rdweek	4thWeek
Monday	3A	2A	1A
Tuesday	3A	2A	1A
Wednesday	3A	2A	1A
Thursday	3A	2B	1B
Friday	3A	2B	1B
Saturday	3A	PT Meet	1A,B

Feb Weeks→ Day↓	1stweek	2 <sup>nd</sup> Week	3rdweek	4thWeek
Monday	9A	8A	7A	6A
Tuesday	9A	8A	7A	6A
Wednesday	9A	8A	7A	6A
Thursday	9B	8B	7B	6B
Friday	9B	8B	7B	6B
Saturday	9A,B	Second Saturday	7A,B	PT Meet

Regards

Mamta Rani

Month/Date	Event	Planning
April 12.4.24	Baisakhi/ Jallian Wala Bagh Celebration	Morning Assembly Topic Related to theme, News, Thought Bhangra and Role Play CAP Period –Poster making on Jallianwala Bagh
03.4.24 04.4.24 05.4.24	Health Week	CAP Period Teacher talk on diet Seminar on Health Rally on (Say no to Junk food)
15.4. 24 16.4.24 17.4.24	Handwriting Week	CAP Period Handwriting Competition -Hindi Handwriting Competition -English Handwriting Competition - Punjabi
May 04.5.24	Mother's Day	Morning Assembly Talk of 1 teacher About how to behave and help to mother, Topic Related to theme, News, Thought Dance and play CAP Period Essay Writing Competition 6 to 12 Poster making 4 to 5 Role play (1 to 3 Classes)
July	Community Welfare Week	Role play (1 to3 Classes)  1. Plantation Project 2. Teaching of Aayas
August 14.8.24	Independence Day	Morning Assembly 1 Teacher will tell Know about our Country in the form of GK Questions, Topic Related to theme, News, Thought Dance and play  CAP Period Collage Making Competition(6to8Classes) Poem Recitation (4 to 5Classes) Role play (1 to3Classes)
17.8.24	Raksha Bandan	Morning Assembly , Talk to about Brother sistr bond by teacher, Topic Related to theme, News, Thought Dance and play  CAP Period

		Rakhi Making for girls (1to8 Classes) Gift wraping for Boys (1to8 Classes)	
05.9.24	Teacher's Day	Morning Assembly Role Play by Students as a teacher Dance and Play	
		CAP Period Teaching by students in the class rooms	
02.9.24 03.9.24 04.9.24	Save Water and Electricity	CAP Period  Slogan Writing Competition Model Making Competition Debate on the topic	
October 09.10.24 10.10.24 11.10.24	Environment week	CAP Period Debate on the topic Save paper and grow trees Making 'Best out of Waste, to save environment Declamation on Energy Conservation	
16.10.24 17.10.24 18.10.24	Disaster Management	CAP Period Collage Making Competition Seminar by teachers Declamation	
November Diwali 2.11.23		Morning Assembly Talk of 1 teacher, 1 Student Dance and play CAP Period Diya Making and Thali Making Competition	
November 14.11.24 Children Day		Morning Assembly Talk of 1 teacher, 1 Student Dance and Role play CAP Period Special games for students during CAP Period	
December 20.11.24 to 22.11.24	Community Welfare	Stress on Adult Education Awareness about girl child education Plantation of more trees	
December 02.12.24 03.12.24 04.12.24		Morning Assembly Talk of 1 teacher about how to obay Traffic Rules, 1 Student Identification of traffic signals Demonstration on traffic rules CAP Period Seminar on traffic rules During Dispersal Senior students will guide the junior students at the gate	

## Demo Activity - Punctuality

- 1. Material required: 1 Chair, 1 Table, 1 Tiffin, 1 Water bottle.
- 2. Two teachers will perform in this activity.
- 3. Teacher (no1) will act as a mother and teacher (no 2) will act as a student.
- 4. In this activity another teacher will tell the students what we are going to tell You.
- 5. Teacher (no 1) will act that she is awaking her child to wake up quickly as she has to go for picnic and she will be late.
- 6. Teacher (no 2) is sleeping who act that she is sleeping and listening to her mother.
- 7. Teacher (no 1) "Beta utho aap ke school ka time ho gya hai, Aapne Picnic par nhi jana hai,aap late ho jaoge, Mummy ne aapka tiffin, water bottle ready kr diya hai".
- 8. Teacher (no2) does not awake. She said, 5 minutes more... 5 minutes more, but time has gone.
- 9. When she awake and reach the school, and saw all her friends has gone for Picnic.
- 10. She started crying.
- 11. When teacher (no2) reach home she start crying and then her mother will say that you are always not punctual for school that why you always get late and today you miss your picnic.
- 12. Teacher (no.2) will promise that I always be punctual in the future.
- 13. Guide the students:
- (a) We should get up early to reach on time, otherwise you can miss the opportunities of life.

## Demo Activity -

## Avoid Chocolates and brush your teeth daily

- 1. Material required: One Chair
- 2. Teacher (no 1) will sit on the chair near the stage, which will be visible to students when they are coming for morning assembly.
- 3. Teacher (no 1) will pretend that she is having pain in her teeth.
- 4. After morning prayer Teacher (no 2) accompanying the students will ask the students, let us go and ask teacher (no 1) that what had happened to her, "Mam aap ko kya hua".
- 5. Teacher (no 3) will send 2 students to go to mam and bring mam on stage.
- 6. Students will ask Mam aap ko kya hua. Teacher (no 1) will say "mere teeth mai dard ho raha hai. Student will ask "mam aap ko dard kyu ho raha hai." Teacher (no 1) will say "maine kal chocolates kha liye thai. Doctor nai mujhe kha ki mere teeth kharab ho gaye hai kyu ki mai raat ko brush kar k nahi soti".
- 7. Teacher (no 2) will say "Mam aap ko pata hai na ki hume two times brush karna chahiye".
- 8. Guide to students:
- (a) We should brush our teeth twice a day.
- (b) We should not eat excess chocolates. Avoid eating sweets at night before going to sleep.

## Demo Activity - Wash your hands with soap

- 1. Material required 1 Water cooler, 1 plastic tub, 1 soap, 1 towel, table, tiffin, 2 chairs
- 2. Three teachers will perform in this activity.
- 3. Teacher (no 1) and teacher (no 2) will play in the ground.
- 4. Teacher (no 3) will come and say to both the teachers, "Now its recess time, come for handwash before eating food"
- 5. Teacher (no 1) will wash the hands with soap and clean it with towel.
- 6. Teacher (no 2) will not wash her hands with soap. She just start eating food.
- 7. Teacher (no 3) will tell to the students "Bacho aapne dekha mam ne bina hand wash kiye khana khaya. Hame toh apne hands soap ke saath wash karne chahiye".
- 8. Teacher (no 3) will also tell the students what will happen if we didn't wash our hands with water and soap properly, then germs will come into our stomach through dirty hands.
- 9. Teacher (no 2) will come start crying and tell the teacher (no 3) that I have a stomach pain.
- 10. Then teacher (no 2) will feel sorry and said I shall not do this again. I wash my hands properly with soap.
- 11. Teacher (no 3) will tell the students, "Bacho aapko Pta hai ki agar hum dirty hands ke saath khana khayenge toh humari stomach mein pain hoga aur humein doctor ke pass jana padega aur medicine khani padegi. Bacho aao promise karte hai ki kabi hand soap ke saath wash kare bina khana nahi khayenge". Apne mummy —papa ko bi hands soap k saath kare bina khana nahin khane dange.

## Demo Activity - Eat healthy food

Two teachers were standing in front of the students. Teacher no 1 is looking healthy and teacher no 2 looking weak in health wise. Teacher no 1 will ask to teacher no 2.why you are looking so tired, Are you ok.then teacher no 2 will say that no ,i am not ok.main bahut tired feel kar rhe hun, mere sare body mein bahut pains ho rhe hai. Teacher no 1 will say that kya aap milk drink nhi karte aap healthy food ni khate, then the teacher no 2 will say that no I don't like milk,I hate milk,mujhe toh pizzas khana pasand hai, vegetables toh bilkul bhe yummy ni hote phir teacher no 1 bolte hai tabhe toh tum itne tired rehte hon, tumahare andar energy ni hai,look at me main kitne energetic hun because main two times milk drink karte hun and green vegetables bhe khate hun.tab teacher no 1 kehte hai ki bcho main promise karte hun ki main healthy food khayunge and two times milk bhe drink karunge. aaj se sab babies promise karo,green vegetables khayoge aur milk drink karoge.

## Demo Activity - Traffic Lights

- 1. Material required: Two wheeler, zebra crossing lines will be drawn on floor, traffic lights board.
- 2. Four teachers will be involved in this activity.
- 3. Teacher (no 1) will drive the active and Teacher (no 2) and Teacher (no 3) will cross the road on zebra crossing.
- 4. Teacher (no 1) will not follow the traffic rules and cross the active from zebra crossing.
- 5. Now Teacher (no 1) hits to Teacher (no 2) and both teachers will fall down and get injured.
- 6. Teacher (no 3) who is also crossing the road by zebra crossing will help them to settle down.
- 7. Teacher (no 4) will come forward and ask the students, what they see?
- 8. Teacher (no 4) will explain to the students about traffic lights, "Red light means stop, Yellow light means wait and green light means go".
- 9. Teacher (no 1) feel sorry and told to the students that "I followed the traffic rules properly.
- 10. Then again Teacher (no 1) go and follow the traffic rules while driving and Teacher (no 2) doesn't get injured.
- 11. Teacher (no 4) will guide the students that:-
- (a) We should always follow the traffic rules.
- (b) Before crossing the road we should look right and left side, after that we should cross the road.

## Demo Activity -

## Avoid use of mobile phone while driving

- 1. Material required: Two wheeler, zebra crossing lines will be drawn on floor, mobile phone, traffic lights board.
- 2. Four teachers will be involved in this activity.
- 3. Teacher (no 1) will drive the activa and Teacher (no 2) and Teacher (no 3) will cross the road on zebra crossing.
- 4. Teacher (no 1) will not follow the traffic rules and use mobile phone while driving and cross the activa from zebra crossing.
- 5. Teacher (no 2) and Teacher (no 3) will cross the road by zebra crossing.
- 6. Now Teacher (no 1) hits to Teacher (no 2) and both teachers will fall down and get injured.
- 7. Teacher (no 3) who is also crossing the road by zebra crossing will help them to settle down.
- 8. Teacher (no 4) will come forward and ask the students, what they see?
- 9. Teacher (no 4) will explain to the students about traffic lights, "Red light means stop, Yellow light means wait and green light means go" and don't use mobile phone while driving.
- 10.Teacher (no 1) feel sorry and told to the students that "I followed the traffic rules properly and don't use mobile phone while driving"
- 11. Then again Teacher (no 1) go and follow the traffic rules while driving and Teacher (no 2) doesn't get injured.
- 12. Teacher (no 4) will guide the students that:-
- (a) We should always cross the road by zebra crossing.
- (b) Before crossing the road we should look right and left side, after that we should cross the road.
- (c) We should not use mobile phone while driving.
- (d) We should always follow the traffic rules.

### Planning of Good Habit Week

1. Venue - Nur. deptt. skating rink

Teachers will give demo on these following points:

### Day 1 - Golden words Please, Sorry, Thank you, Excuse me

- 1. Material required: One plate, cookies.
- 2. Three teachers will involved in this activity.
- 3. Teacher no 1 will act as a mother and teacher no 2 will act as a student. 4. Teacher no 1 who act as a mother is going for preparing cookies.
- 5. Teacher no 2 came back home from school
- 6. Teacher no 1 told teacher no 2 that she have made cookies for you.
- 7. Teacher no 2 becomes very happy. She ran away and get cookies without taking permission from teacher no 1.
- 8. Then teacher no 1 guide teacher no 2 that "We must say Please when we want something".
- 9. Then teacher no 1 gives cookies to teacher no 2 for eat. Teacher no 1 also guide teacherno 2 that "We must say thank you when someone gives us something".
- 10. Teacher no 2 starts eating and her plate falls down while eating. Teacher no 2 did notsay sorry to teacher no 1.
- 11. Teacher no 1 guide teacher no 2 that "You must say sorry when you have done something wrong".
- 12. Then teacher no 1 and teacher no 2 go for a walk in park.
- 13. Teacher no 1 will meet teacher no 3 which is already her friend. They start talking witheach other.
- 14. Teacher no 2 interrupts teacher no 1 and teacher no 3 many times.
- 15. Teacher no 1 guide teacher no 2 that "We should not interrupt people when they are speaking".

### Day 2 - Throw waste paper in dustbin

- 1. Material required: Papers, Dustbin, 2 benches, one bowl of sweets
- 2. Three teachers will be involved in this activity.
- 3. Teacher (no 3) will give command to Teacher (no 1) and Teacher (no 2). Today we are going to do craft work.
- 4. Teacher (no 1) and (no 2) will sit on the bench and start doing their craft work.
- 5. Teacher (no 1) will throw all the waste papers on the floor and Teacher (no 2) will take permission from teacher (no 3). "Mam can I throw the waste paper in the dustbin" She will throw the waste papers in the dustbin.
- 6. Teacher (no 3) will give command to Teacher (no 1), "Don't throw waste paper on the floor". But Teacher (no 1) will not bother.
- 5. After finishing craft work, Teacher (no 3) will appreciate the Teacher (no 1) and Teacher (no 2) by giving sweets to both the teachers.
- 6. Teacher (no 2) will say thank you to the teacher (no 3) and Teacher (no 1) will throw the wrapper on floor
- 7. Then the teacher (no 3) will ask the students, "Should we throw the waste paper on the floor".
- 8. Then teacher (no 1) will feel sorry and said I will not do this again. She pick all thewaste papers and throw in the dustbin.
- 9. Guide the students that:-
- (a) We should throw waste papers in the dustbin.
- (b) We should always keep our surroundings neat and clean.

### Day 3 - Save water

- 1. Material required 1 Water cooler, 1 plastic tub, Glass, Table, One plant with Red pot, one plant with Black pot, 1 Water sprinkle.
- 2. Three teachers will perform in this activity.
- 3. Teacher (no 1) will come and pick the glass to fill from water cooler for drinking. She open the tap and fill the full glass of water but does not turn off the tap and starts drinking

water. She drinks only one sip of water and throw the rest of water and go out.

- 4. Teacher (no 2) will come and turn off the tap and told to the students. Bacho aapne dekha mam ne sara water waste kr diya hai. Hame toh water waste nhi karna chahiye.
- 5. Teacher (no 2) will also tell the students what will happen in after 10 years if we waste water like this.
- 6. Teacher (no 3) will come starving for water and ask the teacher (no 2) to bring a glass of water.
- 7. Then teacher (no 2) will tell that we have no water for drinking. We have been wasting water from so many years. "Bacho aapko Pta hai water hmare bahut kaam aata hai. Hum water ke bina nhi reh sakte. Water is used for drinking, bathing, washing clothes, utensils. Agar water hi nhi hoga toh hum sab kaise rahenge. Bacho aao promise karte hai ki hum kabi water waste nhi karenge or na hi kisi ko karne dange. Apne mummy -papa ko be water waste nhi karne dange.

"Save water save life"

- 8. During morning assembly teacher (no 1) will place red and black pot on stage.
- 9. Teacher (no 1) will call one student to come on stage and give water to plant with red pot.
- 10. She will guide student to not to give water to black pot.
- 11. On daily basis red pot will be given water and water to black pot will not be given.
- 12. This activity will be continued till one month and students will be guided to observe black pot.
- 13. Guide the students:
- (a) Guide the students that water is necessity for plants too.
- (b) They required it to grow.
- (c) They can't live without Water and Carbon dioxide.
- (d) So we should save water because it is essential for all living beings.

### Day 4 - Eat healthy Stay healthy

- 1. Four teachers will involved in this activity.
- 2. Two teachers will act as students and two teachers will act as a parents.
- 3. Teacher no 3 and teacher no 4 are very much fond of junk food.
- 4. They use to eat pizza and burger all the time and refuse to eat fruits and vegetables . We like pizza and burger only, if you don't eat vegetables and fruits your eye sight will become poor and you have to wear specs in a small age.
- 5. They never listen to their mother.
- 6. Teacher no 3 agree with her mother and teacher no 4 again refuses to agree with hermother.
- 7. After some days teacher no 3 started eating fruits and vegetables.
- 8. They both will go to school and teacher no 1 ask teacher no 4 to solve the sum on greenboard. He doesn't seen green board clear.
- 9. She made a call to her parents and she realize that I will eat fruits and vegetables.

### Day 5 - Keep body healthy fit and fine

Hello kids did you know a virus is affecting people. But don't worry we are protect ourselves. Follow these easy steps to maintain your body healthy, fit and fine.

- When you see anyone is coughing then tell them to go to doctor.
- When you come from school and from park always wash your hands with warm water and soap because clean hands are healthy hands.
- Whenever you go out anywhere wear mask and told to your friends to wear it.
- As we know cover your mouth while sneezing and coughing with napkin and say excuse me.
- It is best to stay home and play indoors games, do paintings.
- Eat healthy food, exercise regularly, go to bed at time.
- 1. Four teachers will involved in this activity.
- 2. Teacher no 1 act as a teacher. Teacher no 2 act as a mother.

Teacher no 3 and teacher no 4 act as a students.

- 3. Teacher no 3 and teacher no 4 reached home from school and teacher no 3 doesn't wash hands and start eating.
- 4. Teacher no 4 tell her to remember the point that Teacher no 1 told the students but she doesn't follow.
- 5. In evening teacher no 3 and teacher no 4 were ready to go park for play .
- 6. Then she doesn't wear mask teacher no 4 wear mask properly.
- 7. After reaching home teacher no 3 again not wash hands and start coughing and
- 8. Teacher no 4 told her and remember that points which has guided by teacher no 1.
- 9. After that we guide students to play indoors games, eat healthy food and exercise.

### Day 6 - Table manners

Points to be learn-

Spread napkin before eating the food

Wait for others to start eating

Chew food properly Don't talk while eating

- 1. Material required Two tables
- 2. Four teachers will involve in this activity. Two teachers will perform good manners and two teachers will perform bad manners.
- 3. Teacher no 1 and teacher no 2 will not spread napkin and start eating food and food fallon their lap then they eat food very fast and not chew properly and talking to each others.
- 4. Teacher no 3 and teacher no 4 spread napkin properly and start eating food together and chew food properly and doesn't talk while eating.

Then we guide students about differences between good manners and bad manners.

S,no	Date	Period	Class	Teacher's name	Sign
1	15.4.24	3,4	Pre.Nur., Nur, KG	Concerned Subject teachers will explain	
2	16.4.24	7, CAP	1A,B	teachers will explain	
3	17.4.24	7, CAP	2A,B		
4	18.4.24	7, CAP	3A,B		
5	19.4.24	7, CAP	4A		
6	20.4.24	7, CAP	5A,B		
7	22.4.24	7, CAP	6A, 6B,		
8	23.4.24	7, CAP	7A, 7B,		
9	24.4.24	7, CAP	8A, 8B		
10	25.4.24	7, CAP	9A, 9B		
11	26.4.24	7, CAP	10A, 10B,		
12	27.4.24	3,4	+1A, +1B, +1C		
13	29.4.24	3,4	+2A, +2B, +2C		

Areas to be visited

Note: There will be three rounds

First round during 6th period Section A will visit Nursery Department.

Second round during 7th period section B will Conference Room, Gymnasium Senior Library, Health Club, Senior Computer Lab, GD Room, Maths Lab, Creative Lab

Third Round during 8th period section C will visit Art and craft room, Physics and Chemistry Lab, Primary Computer Lab, KG Classrooms.

In each period the sections will interchange the areas of visit.

S.NO			
Q1.	Into how many parts is Play pen room divided? Which activities are done in this		
Ans	room?		
	It is divided into two parts: Academic and play area		
	In academic area simple activities regarding colour recognition, puzzles, table		
	manners, poems are done.		
	In play area children can play independently and can sleep even.		
	and can sleep even.		
Q2.	What is the use of LCD in Montessorie Room		
Ans	LCD is used to take the intelligence test of the children, to increase confidence level. to develop their hearing sense, sharpen their brain, develop recall cells. Cursive A to Z formation is also taught to the students through LCD before the start writing on the practice books.		
Q3.	Name the puzzles used by Pre –Nur students in Montessori.		
Ans	Abacus, Punch and drop, formation tray with pencil, body parts and number puzzle.		
Q4.	Into how many parts is Montessori period divided?		
Ans	Three		
	1 First Group playing with Puzzles		
	2. Second group uses TAB		
	3. Third group uses cutting machine		
Q5.	Name the activities done during library period.		
	1. Painting		
	2. Story telling		
Q6.	What is guthie activity and what is logic behind it?		
Ans	This guthi contains coloured stones and animals. This activity is done to develop		
1	imagination power of child and to recognize colours.		
Q7	What is go and search activity?		
Ans	In Go and Search Activity small children search their		
71115	In Go and Search Activity small children search their surprise item chocolates		
	from one room to other which is very entertaining and help the students to		
133	achieve their goal, to improve the mental ability, increase observation power of		
08	the students and to give knowledge about the different rooms of the department.		
Q8. Ans	Name the software in nursery computer lab. Kids Software.		
Alls	Mus Soltware.		
Q9.	What is the logic behind Sand and Clay activity?		
Ans	It develops the gripping power, touching sense and bring the students close to		
	the nature.		
Q10.	How do the small children recognize their plants?		
Ans	They recognize the plants with the help of Alphabets, fruits and name slips.		
1110	Table and name sups.		
Q11.	Which method do the teachers use to teach counting in nursery class?		

Q12.	Name the project related to grand parents.		
Ans	Grand parents are special.		
Q13. Ans	In which activity teachers guide the students about table manners?  Eat and learn project		
Q14. Ans	Which type of games do the students play on TAB? Fun and educational games.		
Q15. Ans	Name the area where the small children enjoy a lot with birds? Under Birds Shell		
Q16. Ans	Which theme is depicted on the wall of Nursery Lily class? Sea Scene		
Q17. Ans	What do the Play pen kids use to mark their attendance? Colourful Smiley.		
Q18. Ans	What is the procedure for nursery department students to enter the class room?  They use password to enter the class room.		
Q19. Ans	What steps are taken to appreciate the performance of the nursery students?  The photographs of the students are pasted on the bulletin boards in the corridors with their achievements.		
Q20. Ans	Where do the small children place their bags?  There is hook system in the class room with the fruits and colours for recognition.		
Q21. Ans	Name the Nursery and KG rooms. Nursery Lily, Nursery rose, KG Sunflower and KG Dalia.		

### Questions for Quiz Contest

### Secondary Department

S.NO		
Q1.	What effort is done by school to save water?	
Ans	There is water recharging system beside the stage which is used to conserve water.	
Q2. Ans	Tell the procedure of stde to enter into medical room and other activities related to it  Students can enter this room with the written permission of the teachers. If the child is suffering with some problem, parents are informed and he is sent home with parents.  Students and teachers are given first aid here. First Aid boxes are also available at the gate, reception, and with all department heads.  Complicated cases are sent to Gupta Hospital. Height and weight, dental checkup are also the part of this department.	
Q3. Ans	How many computer lab are there in the school.? Name them.  There are total six computer labs in the school. Nursery Department lab,  Primary department, middle department lab,	
Q4.	How many Science Labs are there in school? Name them.	
Ans	There are three science labs in the school.  1.Chemistry Lab  2. Physics Lab  3. Creative Lab	
OF	What are the different and the standards	
Q5. Ans	What are the different crafts prepared by the students? Glass Painting, Embossed Painting, Flower Making,	
Q6. Ans	Which activities are done during CAP period? What is the purpose behind those activities?  Sports Activities, Olympiads, Dance, Art and Craft. The main purpose of CAP	
07	period is to prepare the teams for different competitions.	
Q7 Ans	What is the purpose of Science Creative Lab?  Here the students are free to apply their brain to create any thing by their own choice related to science.	
Q8. Ans	Which activity is performed in Gymnasium? Yoga Activity and indoor games.	
Q9. Ans	What do students do in Chemistry Lab? In Chemistry lab the practical are done related to the syllabus.	
Q10. Ans	What is the purpose behind Maths Lab? In maths lab practical activities are done with the help of different aids. Portraits of different mathematicians are shown to them.	
Q11. Ans	Name the machines used by teachers in Health Club. Body Fitness machine and massager.	
Q12. Ans	Which classes go to Art and craft room? Classes from 3 <sup>rd</sup> to 10th	

Q13.	Name the teaching used in Maths Lab.
Ans	Different aids like pyramids, prism, geo boards, abacus etc.
Q14.	For what purpose Conference Room is used?
Ans	Conference room is used to conduct meetings, seminars, Poetical recitation competitions and Declamation contest.
Q15.	How are the students taught in Art and Craft room?
Ans	With the help of LCD the theme is shown to the students and then step by step pause is given and students are helped to complete their work.
Q16.	Name the teams prepared during CAP period.
Ans	Skating, Yoga, Karate, Basketball, Badminton, Volley ball, Throw Ball and chess.
Q17.	What is the criterion to conduct GD in GD Room?
Ans	GD room is used for conducting GD from classes 6 <sup>th</sup> onward. There are four teams A,B,C and D. According to given procedure cross questioning is done between the teams of boys and girls.
Q18. Ans	With the help of which instrument the music teacher is training the students for singing?  Harmonium
Q19.	Which team is prepared during CAP period on the stage?
Ans	Karate
Q20.	Where do the parents and VIP,S attended by the Vice Principals?
Ans	In new Conference Room

Month	Date	Day	Particular
April	13.04.24	Saturday	Baisakhi
	01.06.24 To	Saturday	Summer Vacation (Play Pen to 8)
	29.06.24	Saturday	
June	00.00.04	0-1-1	
	08.06.24	Saturday	Summer Vacation
	To 22.06.24	Saturday	(Secondary 9 to 12)
Aug	15.08.24	Thursday	Independence Day
nug	19.08.24	Monday	Raksha Bandhan
	26.08.24	Monday	Janamashtami
Sept	04.09.24	Wednesday	Prakash Utsav Sri Guru Granth Sahib Ji
Oct	02.10.24	Wednesday	Gandhi Jayanti
	11.10.24	Friday	Durga Ashtami
	12.10.24	Saturday	Ram Navmi
	12.10.24	Saturday	Dusshera
	17.10.24	Thursday	Valmiki Jayanti
	19.10.24	Saturday	Sri Guru Ram Das Jayanti
	20.10.24	Sunday	Karva Chauth
Nov	01.11.24	Friday	Diwali
	02.11.24	Saturday	Vishkarma Day
	03.11.24	Sunday	Bhai Dooj
	15.11.24	Friday	Sri Guru Nanak Dev Jayanti
Dec	25.12.24	Wednesday	Christmas
	26.12.24	Thursday	Winter Vacation
	То		(Play Pen to 8)
	31.12.24	Tuesday	
	28.12.24	Saturday	Winter Vacation
	То		(9 to 12)
	31.12.24	Tuesday	
Jan	06.01.25	Monday	Sri Guru Gobind Singh Ji Jayant
	13.01.25	Monday	Lohri
	26.01.25	Sunday	Republic Day
Feb	12.02.25	Wednesday	Sri Guru Ravi Das Jayanti
	26.02.25	Wednesday	Maha Shivratri
Mar	14.03.25	Friday	Holi
	15.03.25	Saturday	Holi

